

Easy and Fun Playdough Recipes and Activities

1.A) Playdough No Cooking Recipe:

<https://stayathomeeducator.com/absolutely-perfect-no-cook-scented-play-dough-recipe-without-cream-tartar/>

What is it? This is an easy, no cooking, playdough recipe made with everyday kitchen ingredients. This recipe does not require cream of tartar.

1.B) Playdough Cooked Recipe:

<https://funlearningforkids.com/easy-play-dough-recipe-without-cream-tartar/>

What is it? This is an easy playdough recipe made with everyday kitchen ingredients, but does not use cream of tartar. This recipe does require the use of a stove top burner.

How Does it Work? Click on the link and scroll to the bottom to find the full ingredients list and directions.

Why Might it be a “Good” Choice for Your Child? Your child can help you make the playdough which can help them learn math and cooking skills. Playing with playdough can also help strengthen your child’s finger muscle, which will help their writing skills when they get older.

Playdough Mat/Drawing Activity		
<p>What is it? This link contains different playdough mats that can be used while playing with playdough. The mats include things like a dinner plate or an ice cream bowl. https://picklebums.com/fun-food-play-dough-mats/#_a5y_p=2110571</p>		
<p>How Does it Work? You can either print out these mats if you have a printer, or you can draw these mats on a piece of paper if you prefer. You can also show your child these images and ask them to make you something with playdough to match the picture.</p> <p>Why Might it be a “Good” Choice for Your Child? Your child can use the playdough to make ‘foods’ to match the dinner plate mat, practicing matching and grouping can help with your child’s math skills.</p>		
Younger Preschoolers (Approx. 2-3 years old)	Middle Preschoolers (Approx. 3-4 years old)	Older Preschoolers (Approx. 4-5 years old)
<p>Start by encouraging your child to flatten the playdough or attempt to roll it into balls. Afterwards, ask your child to tell you about what they are making. Please note that at this age their playdough might not ‘look’ like anything.</p>	<p>Start by asking your child what they want to make and let them create it. Ask them to tell you how their playdough matches the mats or have them tell you a story using the playdough pieces and the mats.</p>	<p>Repeat what is listed in the middle preschool section, but afterwards have them sort/categorize their playdough pieces (Ex: create fruit and veggie pieces, then sort them into two piles).</p>
<p>Have older children at home? Have them play with the playdough too! They can create more challenging pieces and help out their younger siblings. Encourage them to help create a playdough story and have them act it out for you.</p>		